

Safe and Natural



Chiropractic is a team approach to better health. As you enjoy results, tell those you love. Explain how millions enjoy relief and better health by restoring the integrity of their spines and nervous systems with safe and natural chiropractic care.

Johnstone Chiropractic
515 SR 9 NE, Suite 105
Lake Stevens, WA 98258
(425) 334-1874

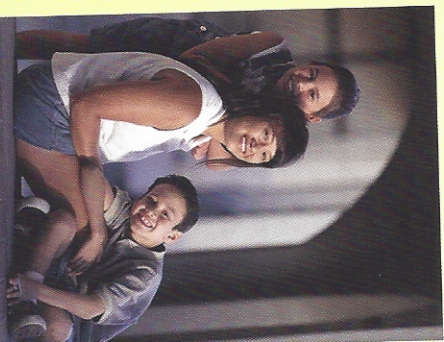


© 2009 Patient Media, Inc.
(800) 486-2337 (719) 488-6663
Reference citations at www.chiropractic.com

children

WHAT PATIENTS WANT TO KNOW ABOUT PEDIATRIC CARE

Life is a miracle. Two cells become four and four become eight and so on until nine months later a perfect human being enters the world. His little heart started beating at 24 days. Her eyes formed at 36 days. This miracle unfolds perfectly—unless there is interference. Which is why children can benefit from chiropractic before they are born by having a mother with a nervous system free from the interference of spinal subluxations



The nervous system is so important that the first cells to differentiate or about 7 hours after conception become the brain and spinal cord.



How do Children Benefit From Chiropractic?

Parents See Instant Improvement.

Manny



With pregnancy come hormonal changes, a shift in body weight and a laxity of connective tissues. New stresses are experienced by the lower back and pelvis. Many women report that their pregnancies were easier and their delivery times shorter when they received chiropractic care.

Even today's birthing procedures can put tremendous pressures on a child's spine. And while the injury from forceps deliveries may be less common today, vacuum extraction and eager hands can do even more damage by pulling, forcing and twisting the baby's young spine.

Your health and your baby's health are connected in a special way. Make sure your nervous system is subluxation-free during this time of rapid growth.

Without the language to explain, many newborns experience colic, unexplained crying, lack of appetite, frequent ear infections or other signs of poor health.

How can something as natural as being born cause subluxation?

Being born is a natural phenomenon. It's what we've done to the birth process that has become increasingly suspect. In hospitals, birth is often treated like a disease. A newborn's introduction to the world is often accompanied by a severe drop in temperature, loud noises and other insensitivities. The administration of drugs and anesthesia can have a profound effect on a newborn.



Rather than using adult adjustments, special low-force techniques are tailored to the specific needs of each child.

A chiropractic examination is essential to determine if birth trauma to the spine is involved. Then if indicated, a gentle, life-affirming adjustment is given. With no more pressure than you'd use to test the ripeness of a tomato nerve-compromising subluxations can be reduced. Almost miraculously, many parents see instant improvements in the well-being of their child.

Later, regular chiropractic checkups are helpful to monitor spinal development as infants sit upright, support their heads, learn to crawl and take their first brave steps. Many experts believe that uncorrected spinal problems during this early stage of development cause the chronic, hard-to-correct subluxations seen in adults.



Will adjustments hurt my baby?

This is a common concern among parents who mistakenly think that their child will receive adjustments like the ones they receive. Adjusting techniques are modified for each person's size and unique spinal problem, and an infant's spine rarely has the long-standing muscle tightness seen in adults. This makes a child's chiropractic adjustments gentle, comfortable and effective.



Left uncorrected, many of the spinal traumas experienced by children become the more difficult-to-correct problems seen later in adults.

Seek accurate information and make an informed choice. First, make sure your child has the best chance to be all that he or she can be by having a nervous system free of subluxations.

Sadly, bedwetting and many childhood aches and pains are passed off as "growing pains" or "just a phase they're going through." Carefull! Aches and pains at *any* age are a sign that something isn't right. Subluxations may be involved.

As you make decisions about your baby's health care and are confronted with the issues of antibiotics, vaccinations and the growing use of behavior altering drugs consult with your chiropractor.

Will my pediatrician approve of chiropractic care for my child?

First, you don't need anyone's approval to seek a chiropractic opinion about health issues affecting your child! Medical practitioners keeping up with the latest pediatric chiropractic research are starting to understand the value of this natural, drug-free approach to better health.

