

Safe and Natural



Chiropractic is a team approach to better health. As you enjoy results, tell those you love. Explain how millions enjoy relief and better health by restoring the integrity of their spines and nervous systems with safe and natural chiropractic care.



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Scoliosis

WHAT PATIENTS WANT TO KNOW ABOUT SCOLIOSIS

Scoliosis is tragic. It causes both physical pain and emotional suffering. This sideways bending of the spine shows up as abnormal posture and then, finally, deformity. If allowed to advance, it can interfere with the lungs, heart and many other vital organs.

There is hope.



Early detection can improve the likelihood of correction.

Can It Be Prevented?



Scoliosis Seems to Affect Mainly Girls Between the Ages of 8 and 18.

Scoliosis affects boys, but not as frequently as girls; between the ages of 8 and 18. The cause varies. Some are born with this spinal deviation (congenital). Others get it from assuming a distorted head or hip position (habitual). Sadly, in many cases the cause is still unknown.

In the beginning, when it is easiest to correct, there are rarely symptoms. However, an alert parent may notice that a high shoulder or low hip makes clothing fit poorly. Back and leg pains may develop but are often overlooked as merely "growing pains." Neglect is the biggest danger.

If allowed to run its course, scoliosis can steadily worsen.

Isn't a certain amount of sideways curvature normal?

Any type of sideways curvature is abnormal. From the back, the spine should appear straight. When scoliosis is present, there are usually two curves: a primary curve in one direction and a compensatory curve in the opposite direction.



Clothing that doesn't fit correctly can be an early sign of scoliosis.



Some theorize that using devices that hasten early walking may interrupt the crawling stage, which is essential for proper spinal development.



Surgical intervention often involves bolting a steel rod to the child's spinal column.

Early detection is critical. Severe cases can involve surgery. This procedure attaches steel rods to the spine to force it to straighten.

Chiropractic care has helped many young women avoid the unhappy effects of scoliosis. The procedure is simple.

First, a thorough examination helps detect scoliosis in its early stage. Then, corrective action can begin at once. The primary course of care is a program of specific chiropractic adjustments. These help improve the function and structure of the spine. Muscles strengthen. Posture can improve.

Chiropractic care has helped countless young women reclaim their health, posture and self-esteem.



Does a lack of calcium or carrying a heavy book bag cause scoliosis?

No. However, there are a growing number of authorities who believe uncorrected spinal damage from the birth process may be involved. Others suggest that using walkers to encourage early walking may be a culprit.

What's the best time for a scoliosis examination?



As with the case of many health problems, early detection can improve the likelihood of correction. Wise parents consult our office soon after the birth of their child. Then they follow up with periodic chiropractic checkups throughout their child's developing years.